



Belle Meade Montessori Three-Season CSA 2019-2020

Welcome to Belle Meade Montessori School's Community Supported Agriculture program (CSA). The Three-Season CSA begins September 20th and runs through May 1st (eight months, 14 share distributions). Shares will include vegetables, meat and eggs as available and occasionally other products such as honey or other preserved farm foods. The Three-Season CSA total cost is \$560, equivalent to \$40 per share, paid in advance.

Pick-up is on Fridays from 4:00 to 6:00 p.m. or Saturdays from 10:00 to 12:00 (or mutually agreeable time) at Belle Meade Bed & Breakfast.

Pick-up weekends are Sept. 20, Oct. 4, Oct. 18, Nov. 1, Nov. 15, Dec. 6, Dec. 20, Jan. 17, Feb. 21, Mar. 6, Mar. 20, Apr. 3, Apr. 17, and May 1.

Please bring re-useable bags or grocery bags, both plastic and paper, if possible.

Meat will vary depending on availability—You may purchase additional products. Please see www.bellemeade.net/farm for a list of our products. We have grass fed and finished beef and pastured pork and chicken. All feed is non-GMO.

Eggs from pastured hens eating non-GMO food.

Vegetables at Belle Meade are grown using sustainable organic gardening practices. Garden produce provided during the Three-Season CSA Program will be grown by Belle Meade Montessori School students, teachers and garden manager and will be included in shares depending on availability. Vegetables may include broccoli, Swiss chard, kale, Asian greens, lettuce, herbs, radishes, green onions, turnips, winter squash, peas, cabbage, spinach and sprouts. All vegetables produced in the garden will be grown without the use of chemical pesticides or inorganic fertilizers.

Belle Meade Montessori School and Farm

Three-Season Community Supported Agriculture (CSA) 2019-2020

Name _____

Address _____

Phone Number _____ E-mail _____

How did you hear about us? _____

I am paying by:

- Cash (please pay in person)
- Check

Total:

- Three-Season CSA alone: Total \$560
- Sponsor a row for Belle Meade Montessori School: +\$50 (tax deductible) Total \$610

Signature: _____

Date: _____